



1. I want to knit/crochet hats, how do I get started?

Hats should be made with red, medium or heavy weight acrylic or cotton yarn that is machine washable/dryable. Use your favorite pattern, or find some on our website at northbaygoredluncheon.heart.org. As for sizes, most are premie or newborn, but since babies come in all sizes, we take them starting at micro-premie and going up to larger sizes as well.

2. I've knitted some hats, where do I send my donation?

We ask that all hats for the North Bay be mailed to:
American Heart Association
Attn: Jacquie Elledge
1400 N Dutton Ave, Ste 20
Santa Rosa, CA 95401

If you would like to deliver them in person, we are open M-F, 8:30-5. Please note we will be closed 11/23, 11/24, and 12/25-1/2. We can be reached at 707-890-3590, if you have any questions.

3. What is the deadline for hats?

Hats must be delivered to the North Bay office by **Friday, January 12, 2018**.

4. Can I deliver my hats to the hospitals personally?

We ask that all hats come to our office to ensure we meet the needs of local hospitals that we are committed to providing hats for. We also wash and package the hats that are then paired with educational materials for the new parents—including a letter for each family from the AHA that highlights resources for healthy living!

5. Should I be concerned about potential allergens in my home? Do I need to wash my hats before delivery?

No, hospitals request that all hats be laundered to their specifications prior to distribution to resolve these concerns. AHA staff will handle this before packaging.

6. How do I get reimbursed for my yarn, shipping, etc.?

Little Hats, Big Hearts is a volunteer-led program and we're unable to reimburse you for expenses.

7. Is there anything else I can do to help the Little Hats, Big Hearts program?

If you would like to help us package and/or deliver hats, please email jacquie.elledge@heart.org

8. I can't crochet or knit, but I'd like to make a donation to support this program. How do I do that?

Thank you for your offer of a donation. Please send red yarn, gift cards, or coupons to your closest participating office. You can find the North Bay address above.